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Effects of TX-001HR on Uterine Bleeding Rates in Menopausal Women with Vasomotor Symptoms



Steven R Goldstein, MD¹; Ginger D Constantine, MD²; David F Archer, MD³; James H Pickar, MD⁴; Shelli Graham, PhD⁵; Brian Bernick, MD⁵; Sebastian Mirkin, MD⁵

¹New York University School of Medicine, New York, NY; ²EndoRheum Consultants, LLC, Malvern, Pa ³Eastern Virginia Medical School, Norfolk, VA; ⁴Columbia University Medical Center, New York, NY; ⁵TherapeuticsMD, Boca Raton, FL

Disclosures

- **Advisory board:** Abbvie, Allergan, IBSA, Pfizer, and TherapeuticsMD
- **Consultant:** Cook ObGyn and Cooper Surgical

Uterine Bleeding with VMS Treatments

- Use of compounded bioidentical HT (CBHT) has become highly prevalent in the US since the 2002 WHI report¹
 - An estimated 1 to 2.5 million US women use unapproved compounded products,¹ representing up to 21 to 39 million prescriptions annually,^{1,2} becoming a leading therapy in the US
- Reports³⁻⁶ and a NAMS survey (n=1064)⁷ suggest an increase in uterine bleeding and endometrial hyperplasia/cancer with CBHT
- Vaginal or uterine bleeding regardless of therapy employed may be a sign of abnormal pathology and will lead to additional evaluation
- Compared with progestins, progesterone may have less impact on the angiogenic/antiangiogenic balance in the endometrium⁸
- No HT product combining 17 β -estradiol and progesterone has been approved

HT: hormone therapy; NAMS: North American Menopause Society; VMS: vasomotor symptoms

1. Pinkerton J and Santoro N. *Menopause* 2015;22:926-936. 2. Pinkerton J and Constantine G. *Menopause* 2016;23:359-367. 3. Eden JA et al. *Med J Aust* 2007;187:244-245. 4. Davis R et al. *J Womens Health (Larchmt)* 2014;23:642-648. 5. Dezman VL et al. *Int J Gynecol Cancer* 2015;25 Suppl 1:71. 6. Gersak K et al. *Climacteric* 2014;17(Suppl 1):58-59. 7. Gass M et al. *Menopause* 2015;22:1276-1284. 8. Archer DF. *Menopause* 2011;18:416-420.



REPLENISH Trial

- **Safety endpoints:** To evaluate endometrial safety (primary) and uterine bleeding (secondary) of four daily TX-001HR (E2/P4) doses versus placebo given in the REPLENISH trial to treat moderate-to-severe vasomotor symptoms
 - TX-001HR (TherapeuticsMD, Boca Raton, FL) is an investigational combination of 17 β -estradiol and progesterone (sometimes referred to as bioidentical hormones) in a single, oral, softgel capsule
- **Design:** Randomized, double-blind, placebo-controlled, multicenter, phase 3 trial of TX-001HR in menopausal women with an intact uterus (NCT01942668)
 - 1-year endometrial safety study
 - 12-week efficacy substudy for the treatment of vasomotor symptoms

Study Design: Randomization

VMS substudy (12 wks)

- ≥ 7 /day or ≥ 50 /week moderate-to-severe hot flushes
- Randomized 1:1:1:1:1

Treatment Groups

- 1 mg E2/100 mg P4
- 0.5 mg E2/100 mg P4
- 0.5 mg E2/50 mg P4
- 0.25 mg E2/50 mg P4
- Placebo

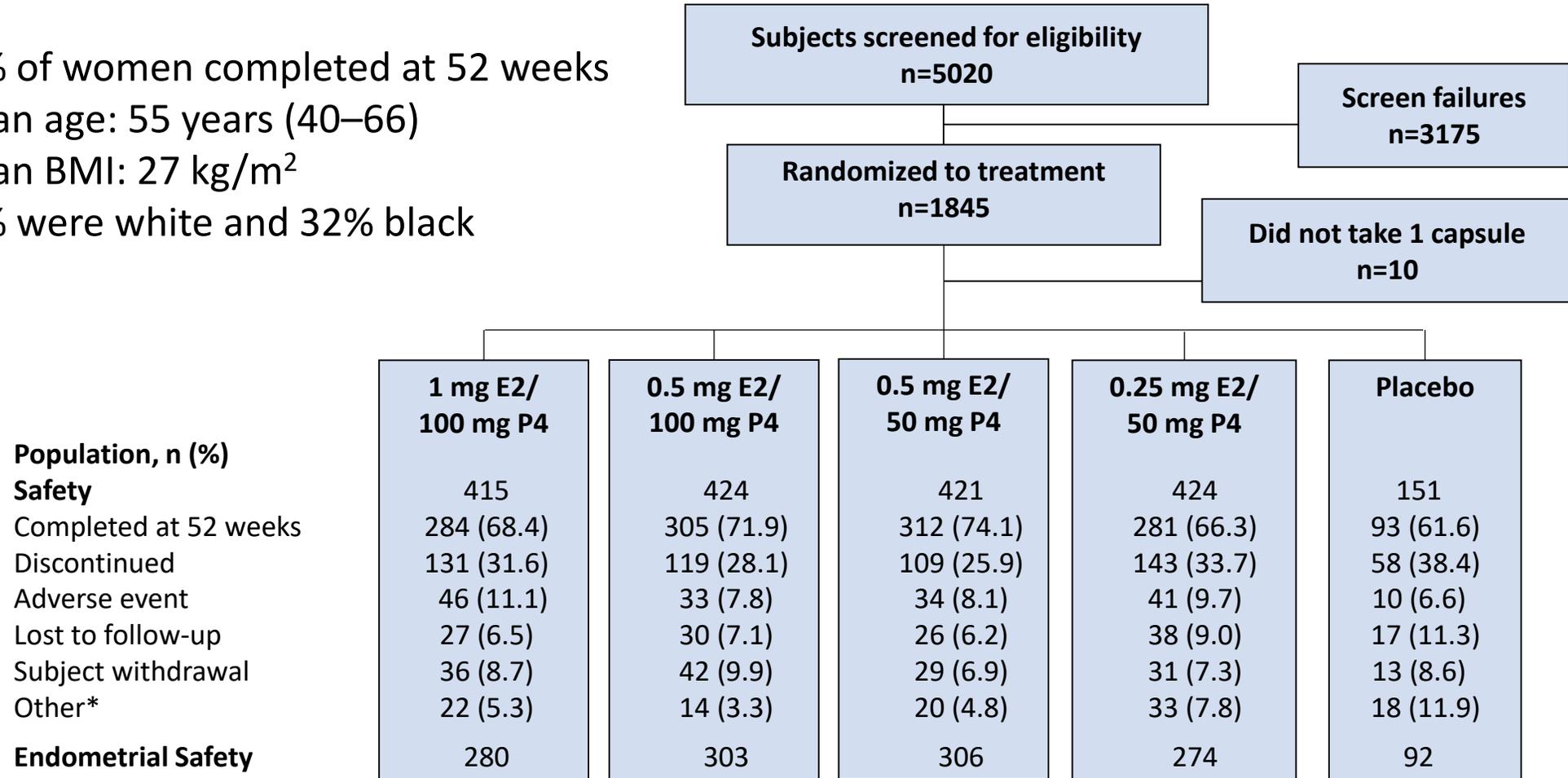
General study (12 mos)

- Did not qualify for VMS substudy
- Randomized 1:1:1:1

- Both populations were assessed for general and endometrial safety
- Endometrial bleeding profiles, including cumulative amenorrhea (no bleeding or spotting) were assessed over thirteen 28-day cycles between treatment groups
 - All women completed diaries of daily bleeding (requiring sanitary protection) and spotting (not requiring sanitary protection) up to month 12

Disposition and Demographics

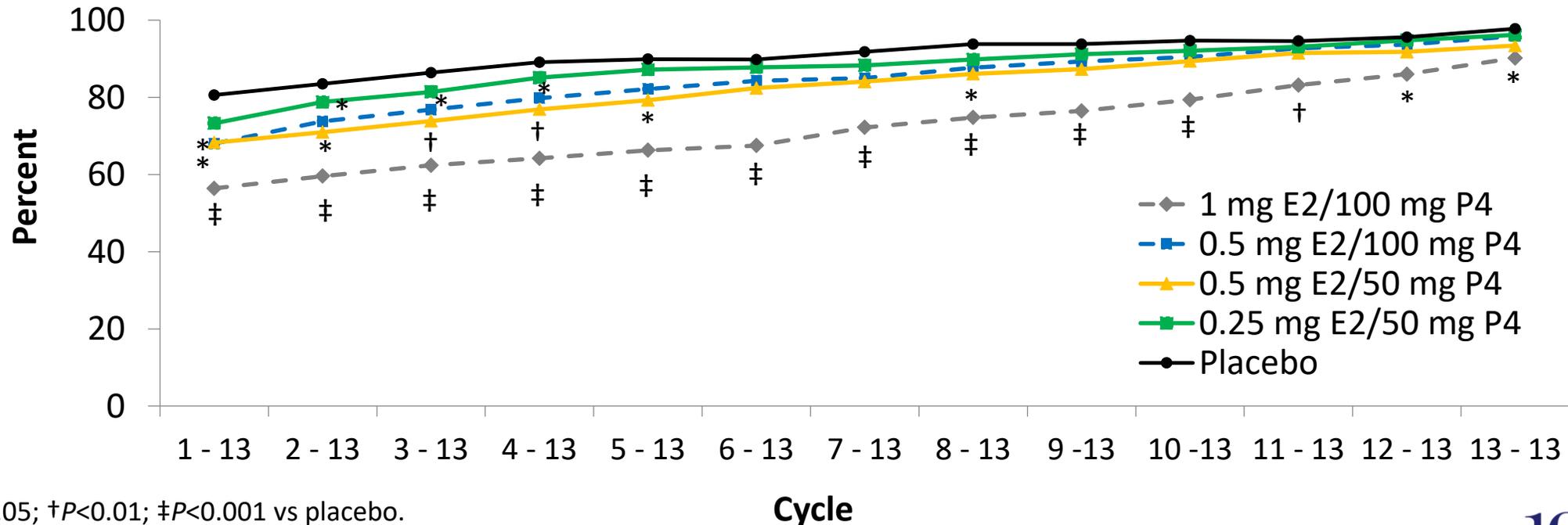
- 69% of women completed at 52 weeks
- Mean age: 55 years (40–66)
- Mean BMI: 27 kg/m²
- 65% were white and 32% black



*Other included investigator decision, lack of efficacy, protocol deviation and other.

Cumulative Amenorrhea

- Cumulative amenorrhea from cycle 1 to 13 was high with TX-001HR (56–73%), but lower than with placebo (81%), and increased over time
 - >90% had amenorrhea during cycle 13



* $P < 0.05$; † $P < 0.01$; ‡ $P < 0.001$ vs placebo.

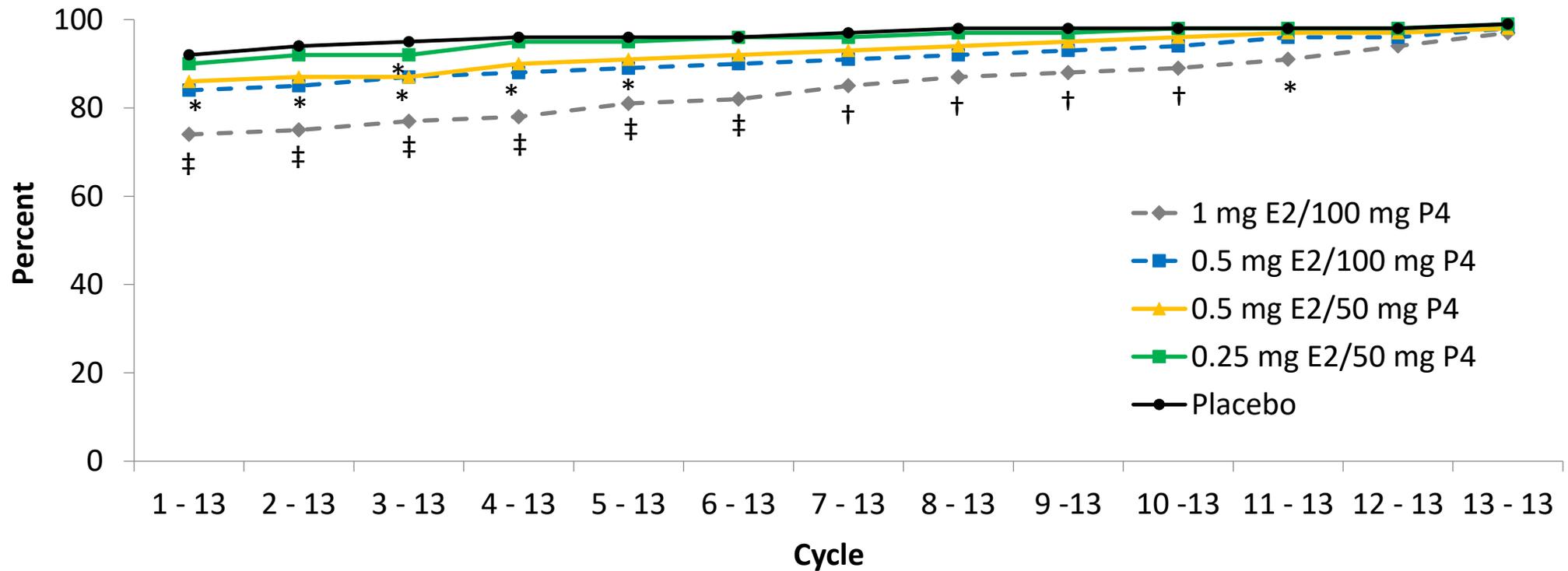
Cycles are 28 days in length

Lobo RA et al. *Obstet Gynecol* 2018, In press.



Cumulative No Bleeding

- Women with no bleeding was high (74–90%) with TX-001HR

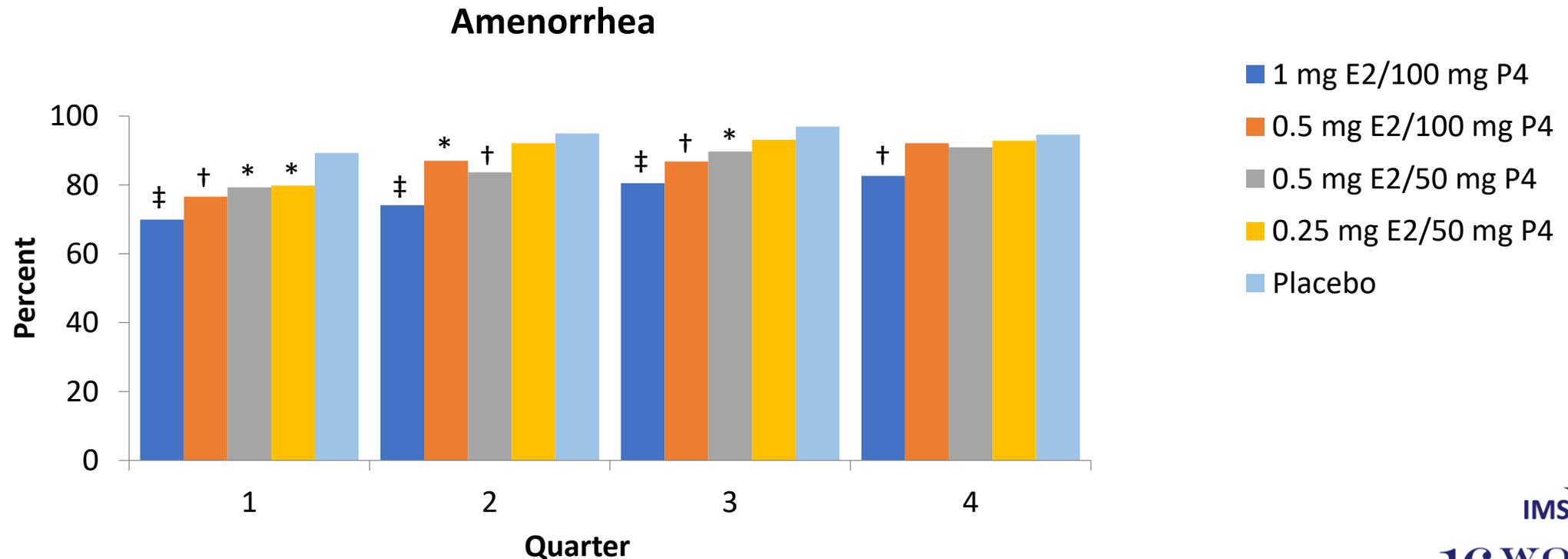


* $P < 0.05$; † $P \leq 0.01$; ‡ $P < 0.001$ vs placebo.

Cycles are 28 days in length

Amenorrhea per Quarter

- Percentages of women with amenorrhea
 - 70–80% with TX-001HR vs 89% with placebo during quarter 1
 - Increased to 83–93% with TX-001HR vs 95% with placebo during quarter 4



* $P < 0.05$; † $P < 0.01$; ‡ $P < 0.001$ vs placebo.

Endometrial Safety

- Endometrial hyperplasia incidence was 0%
- No endometrial malignancies detected with any TX-001HR dose or placebo

Treatment, n (%)	Estradiol/Progesterone				
	1 mg/100 mg	0.5 mg/100 mg	0.5 mg/50 mg	0.25 mg/50 mg	Placebo
n	280	303	306	274	92
Hyperplasia at 12 months					
Incidence rate	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)
1-sided upper 95% CI	1.06%	0.98%	0.97%	1.09%	3.20%
Proliferative endometrium*					
Screening	2 (0.7)	5 (1.7)	2 (0.7)	1 (0.4)	0 (0)
Month 12	8 (2.9)	5 (1.7)	1 (0.3)	3 (1.1)	0 (0)
Endometrial polyps					
Screening	5 (1.8)	7 (2.3)	5 (1.6)	5 (1.8)	0 (0)
Month 12	4 (1.4)	6 (2.0)	10 (3.3)	7 (2.6)	0 (0)

*Includes proliferative endometrium and disordered proliferative endometrium.



Adverse Events Related to Bleeding

- Few bleeding adverse events were reported*
 - TX-001HR: 1.0–4.6%
 - Placebo: 0.7%
- Discontinuation due to bleeding was low
 - TX-001HR: 0.5–1.4%
 - Placebo: 0%

*Including postmenopausal hemorrhage, uterine hemorrhage, or vaginal hemorrhage.

Cumulative Amenorrhea Rates with HT

- Based upon prescribing information or clinical data; not head-to-head comparison

Products	Doses	Cumulative Amenorrhea (%)
		Cycle 1 to Cycle 13
Prempro® (CEE/MPA)¹	0.625 mg / 5 mg	26
	0.625 mg / 2.5 mg	23
	0.45 mg / 1.5 mg	42
	0.3 mg / 1.5 mg	45
Activella® (E2/NETA)²	1 mg / 0.5 mg	49
Angeliq® (E2/DRSP)³	1 mg / 0.5 mg	45
TX-001HR (E2/P4)⁴	1 mg / 100 mg	56
	0.5 mg / 100 mg	68
	0.5 mg / 50 mg	68
	0.25 mg / 50 mg	73
Placebo		81

CEE: conjugated equine estrogens; DRSP: drospirenone; MPA: medroxyprogesterone acetate; NETA: norethisterone acetate.

1. Prempro® tablets prescribing information. Wyeth Pharmaceuticals. 2. Activella® tablets prescribing information. Novo Nordisk FemCare AG. 3. Angeliq® Tablets prescribing information. Berlex. 4. Lobo RA et al. *Obstet Gynecol* 2018, In press.



Conclusions

- Amenorrhea rates were high in users of TX-001HR
 - Higher rates with TX-001HR doses than other approved hormone therapy products*
- This clinical trial provided evidence of endometrial safety with TX-001HR at 12 months
 - Absence of endometrial hyperplasia and cancer here should be considered in light of case reports of endometrial hyperplasia and cancer observed with compounded bioidentical HT use^{†1-4}
 - Endometrial safety observed with TX-001HR highlights the need for compounded bioidentical HT safety studies given their potential risks
- If approved, TX-001HR may be an appropriate alternative combination HT with E2/P4 for treating moderate-to-severe VMS
 - Especially in the estimated millions of menopausal women currently using less regulated and unapproved compounded bioidentical HT

*Not evaluated in head-to-head comparison studies.

†Compounded bioidentical HT use ranged from unknown to several years; most were ~2 years.

1. Eden JA, et al. *Med J Aust* 2007;187:244-245. 2. Davis R, et al. *J Womens Health* (Larchmt) 2014;23:642-648. 3. Dezman VL, et al. *Int J Gynecol Cancer* 2015;25 Suppl 1:71.

4. Gersak K et al. *Climacteric* 2014;17(Suppl 1):58-59.

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